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Shouldice Hospital

Mr. Barry L. Friedman
480 Tweedsmuir Ave
Ottawa, ON, K1Z 5N9

December 10, 2015

Dear Mr. Friedman:

Thank you for returning our questionnaire. We are reserving admission for you here on February 09, 2016 between **10:30AM and 12:00 Noon**. Your operation will be the next day. Discharge will be between 9AM and 10AM on February 15, 2016
Please reduce 10 lbs from your current weight of 190 lbs.

We require that you visit your family doctor three weeks prior to your admission date to obtain the following tests as indicated by a check mark below. **All results must be faxed to us at 1-905-889-4216 no later than 7-10 days prior to your admission date.**

- ☒ CBC –complete blood count (including platelets)
- ☒ Biochemistry-glucose, creatinine, sodium, potassium and chloride
- ☒ ECG
- ☐ MRSA test (Methicillin Resistant Staphylococcus Aureus) one nasal and one groin swab

If prescribed by your doctor, continue ASA (ASPIRIN) otherwise discontinue ASA (ASPIRIN) 14 days pre-op.

Please read the brochure “Preparing for Your Stay” and follow the Special Instructions package that we have attached. PRIOR TO ADMISSION you may continue with most normal activities. To avoid an unexpected problem with your hernia, it is important that you reduce (push in) the hernia bulge frequently throughout the day. This will reduce the discomfort for some people, and it will help the hernia from getting pinched (strangulated). Should you have some difficulty in reducing the hernia, rest on your back to allow your abdominal muscles to relax while you firmly massage and push inward on the hernia. If, after these efforts, the bulge will not reduce and you are experiencing constant pain you should immediately go to the Emergency Department of your nearest hospital.

PLEASE NOTE: We have many patients awaiting surgery, therefore please **CALL** to confirm or cancel this appointment two weeks prior to your admission. Shouldice Hospital is a smoke-free environment. All rooms are semi-private and are provided for a fee of **\$240.00** per night. An administration fee of \$100.00 will apply to cancellations made with less than 7 days notice. **Please bring your credit card to secure payments on admission but leave other valuables and jewelry at home. Please remove all nail-polish, make-up and body piercings prior to admission. Parking is \$40.00 for patients and \$10.00 per visit for visitors .** Please contact us if you have any questions.

Yours sincerely,
SHOULDICE HOSPITAL
S. Sbayi, MD, FACS

SS/ap